

Outlife
Learning . Action . Joy



Unleash Your Potential: Become A Certified Outbound Trainer



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**Transform Yourself Into A Outbound
Facilitator Who Inspires Peak Performance
Through Outbound Experiential Learning**

Outlife's Outbound Training Certification (OBT)

**Equips You With The Skills And
Knowledge To Design And Deliver
Impactful Outbound Training Programs**

What is Outbound Training?

Outbound Training (OBT) Uses Experiential Learning In An Outdoor Environment As A Powerful Approach To Personal & Professional Development. It Utilizes Engaging Activities And Challenges In Outdoor Environments To

- ✓ Foster Teamwork And Communication
- ✓ Enhance Problem-Solving Skills
- ✓ Develop Leadership Skills
- ✓ Increase Self-Awareness & Motivation

Outbound Training Certification Overview



The Outbound Trainer (OBT) Certification Program Is Designed For Trainers And Facilitators Who Are Passionate About Experiential Learning And Outbound Training



This Comprehensive Certification Equips Participants With The Knowledge, Skills, & Tools Necessary To Design, Facilitate, & Debrief Impactful Outbound Training Programs

Why Get Certified?

Outbound training is a powerful methodology that utilizes outdoor activities to enhance individual and team performance. By stepping out of their comfort zones and engaging in challenging experiences, participants develop essential skills such as communication, collaboration, problem-solving, and leadership. Outbound training promotes experiential learning, where insights gained through direct experience lead to lasting behavioral change.



Comprehensive Training: Gain Expertise In Designing, Planning, And Executing Outbound Training Programs



Safety First: Learn Essential Safety Protocols And Risk Management Strategies For Outdoor Environments



Stand Out From The Crowd: Certification Validates Your Expertise And Positions You As A Leader In The Field



Boost Your Credibility: Increase Your Value To Potential Employers And Clients



Design Effective Programs: Learn To Craft Outbound Training Experiences That Deliver Real Results



Become A Confident Trainer: Gain The Skills To Facilitate Engaging And Impactful Sessions.

Outlife's **OBT** Certification Program



Intensive Training: Our Program Equips You With The Necessary Knowledge And Practical Skills



Expert Guidance: Learn From Experienced Professionals With A Wealth Of Knowledge In Outdoor Education, Outbound Training And Experiential Learning Methodologies



Hands-on Learning: Develop Your Facilitation Abilities Through Hands-on Experiences & Simulations To Develop Proficiency In Facilitating Outbound Training Programs



Customized Learning: Tailored Curriculum To Meet The Diverse Needs And Objectives Of Participants, Ensuring Maximum Relevance And Applicability



Network And Connect: Network And Collaborate With Like-Minded Professionals, Fostering A Community Of Learning And Support

Program Structure & Syllabus

Certified Outbound Trainer Program Overview

An immersive & engaging 3-day residential training.

This program equips you with theory, practice, and tools to design and deliver impactful outbound learning experiences.

Learning Focus & Objectives

Participants will develop proficiency in:

- Outbound training methodology, tools, and techniques
- Adult Learning Principles & Experiential Learning
- Safety, risk assessment, & creating inclusive learning spaces
- Facilitation skills: briefing, debriefing, processing & feedback
- Designing participant-centered programs aligned with client needs
- Personal branding, positioning & style as an outbound trainer

Key Learning Outcomes

By the end of the workshop, you will be able to:

- Describe essential outbound trainer knowledge, skills & attitudes
- Apply experiential learning models and facilitation frameworks
- Conduct client training needs analysis and set learning objectives
- Design and sequence outbound training agendas effectively
- Handle group challenges, difficult participants, & learning transfers back to workplace

DAY-WISE WORKSHOP FLOW

Day Core Themes & Activities

DAY 1

- Welcome, Ice-Breaker & Group Norms
- Outbound Trainer Identity & Core Competencies
- Program Design Fundamentals
- Structuring Learning Sequences for Maximum Impact



DAY 2

- Selection & Facilitation of Experiential Activities
- Live Facilitation Practice & Demonstrations
- Group Reflection & Constructive Feedback Loops
- Peer Coaching and Observation Techniques

DAY 3

- Debriefing Techniques: Levels & Methods
- Designing for Learning Transfer & Workplace Application
- Aligning Programs with Client Needs
- Personal Branding & Positioning as an Outbound Trainer
- Participant-Led Practical Demonstrations
- Final Assignment Review & Certification Assessment



POST PROGRAM FOLLOW-UP - ONLINE



Post-Program Follow-Up

To ensure integration, mastery, and real-world application of the training, the Outbound Trainer Certification includes a structured follow-up process.

2 Online Check-Ins - 30-Day - 60 Day

A virtual session scheduled approximately one & two months after the workshop to:

- Share participant experiences and early facilitation attempts
- Address implementation challenges and clarify doubts
- Revisit key concepts like sequencing, debriefing, and transference
- Offer continued mentorship and guidance from Outlife facilitators
- Support with Assignment.



Final Assignment Submission – Within 120 Days

To receive the Certified Outbound Trainer Certificate, participants must:

- Submit a program design plan for an outbound training intervention
- Include the sequence of activities, facilitation notes, and learning outcomes
- Provide a brief video or written reflection/feedback of the participants of your facilitation practice in a real setting

Participants completing both workshop + Assignment receive the Certified Outbound Trainer Certification.

Participants completing the workshop only will receive participation certificate

Outlife Expertise:



Intensive And Comprehensive: Learn From Experienced Professionals In A Program Designed To Develop Exceptional Trainers.



Experience Of Over 15 Years In Experiential Learning And Outbound Training.



Focus On Practical Skills: Gain Hands-on Experience Through Designing, Delivering, And Facilitating Outbound Training Activities.



Industry Best Practices: Stay Ahead Of The Curve With The Latest Trends And Methodologies.

Certification Process



Preparation: Complete Pre-Requisite Coursework And Readings To Familiarize Yourself With Outbound Training Principles And Methodologies



Training Workshop: Participate In A 3 Day Intensive Workshop Led By Experienced Trainers, Covering Essential Concepts And Practical Skills



Practicum: Apply Learning In A Real-World Setting By Designing And Facilitating Outbound Training Sessions Under The Guidance Of Mentors



Assessment: Demonstrate Proficiency Through Written Assignments, Peer Evaluations, & A Final Assessment Of Competence



Certification: Upon Successful Completion Of All Requirements, Receive The Outbound Trainer (OBT) Certification From Outlife

**LIMITED
SEATS**

UPCOMING TRAINING DATES

01. **Hyderabad** 29th, 30th, 31st Jan. 2026

02. **Bangalore** 6th, 7th, 8th Feb. 2026

SECURE YOUR SPOT TODAY

INVESTMENT

RS 25,000/-

For 3 Days Outbound Training Workshop
(25,000 + 18 % GST Rs 4,500)

Invest In Your Future

**Become A Certified Outbound Trainer And Open
Doors To Exciting Career Opportunities**

Inclusions:

- 3 Days TTT OBT Training and Learning Materials.
- 2 Post Training 90 Mins Online Support Sessions.
- Assessment and Certification Support.
- Shared Stay 2/3 in tents/cottage at outbound training campsite.
- Food from Day 1 Breakfast to Day 3 Hi Tea.

Excludes:

Transport

Any additional services.

WHO SHOULD ATTEND



Trainers



Facilitators



Coaches



Educators



HR Professionals



Corporate Leaders

TRAINING FACULTY



DIYANAT ALI

Founder, Outlife | Master Trainer – Experiential & Outbound Learning

“Shaping outbound trainers to create transformative learning in the great outdoors.”

Diyanat Ali is a master trainer in experiential education and outbound leadership with over 2 decades of experience in designing and delivering outdoor transformational learning programs. As the founder of Outlife, he has promoted outbound training in India, equipping facilitators with the skills to create high-impact, adventure and outdoor based learning experiences.

With a deep passion for mentoring trainers, Diyanat specializes in developing facilitator capacity for conducting safe, engaging, and learner-centric outbound programs. His expertise in experiential methodologies and group process facilitation empowers aspiring trainers to confidently design and lead effective outdoor and adventure based training interventions.

TRAINING FACULTY



SANTOSH TANTRI

Senior Facilitator

Team Building Specialist

Outbound Trainer

- ◆ Santosh brings over a decade of training experience, having delivered outbound training sessions across the country that help teams shift from isolated units to high-trust, high-performing teams.
- ◆ His approach combines behavioral frameworks and structured debriefing with outdoor experiential design, offering emotionally safe, physically challenging, and deeply transformative learning journeys.

REGISTER



OUTBOUND TRAINER
OBT CERTIFICATION

Select Location And Date To Register

Contact Outlife Today!



+91 7729988781, 9765393057



obtc@outlife.in



www.outlife.in

ABOUT OUTLIFE

Outlife is a leading organization dedicated to providing experiential learning through outbound training programs. Our mission is to empower individuals and teams to discover their full potential through immersive outdoor experiences. With a team of seasoned professionals and a commitment to excellence, we offer a range of training programs designed to foster personal growth, team dynamics, and leadership skills.

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